



FOLLOW US ON INSTAGRAM
@rosemeadcafe

December

**FREE
BREAKFAST
AND LUNCH
FOR ALL
STUDENTS**

Menu are subject to change without prior notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Breakfast Sausage Sandwich</p> <p>Three Cheese Cavatappi with Garlic Breadsticks</p>	<p>3</p> <p>French Toast with Turkey Sausage</p> <p>Chicken Taquitos, Mexican Rice, Guacamole and Refried Beans</p>	<p>4</p> <p>Assorted BeneFIT Bar</p> <p>Breaded Chicken Filet Sandwich with Seasoned Wedges</p>	<p>5</p> <p>Freshly Baked Chocolate Scones</p> <p>Teriyaki BBQ Chicken, Brown Rice & Garlicky Broccoli</p>	<p>6</p> <p>Chocolate Chip Muffin</p> <p>Beef Taco Stick with Chipotle Southwest Salad</p>
<p>9</p> <p>Breakfast Pizza Bagels</p> <p>Kickin' Nuggets with Freshly Baked Chocolate Chip Cookie</p>	<p>10</p> <p>Assorted Concha</p> <p>Spicy Italian or Turkey Cold Cut Deli Sandwich with Garbanzo Bean Salad</p>	<p>11</p> <p>Mini Pancake Sausage Bites</p> <p>Pasta Bolognese, Garlic Knot, and Garlicky Broccoli</p>	<p>12</p> <p>Bagel with Cream Cheese</p> <p>Chicken & Veggie Dumplings with Sesame Ginger Salad</p>	<p>13</p> <p>Housemade Cinnamon Pancake Squares</p> <p>Cheeseburger Sliders, Crinkle Cut Fries, and BBQ Baked Beans</p>
<p>16</p> <p>Breakfast Apple Mini Bites</p> <p>Boneless Chicken Wings, Mashed Potatoes, Corn & Dinner Roll</p>	<p>17</p> <p>Colby Cheese Omelet with Biscuit</p> <p>Crunchy Beef Taco, Mexican Rice, Refried Beans</p>	<p>18</p> <p>Freshly Baked Cinnamon Rolls</p> <p>Hamburger or Cheeseburger with Seasoned Wedge Fries</p>	<p>19</p> <p>Ham & Cheese Croissant</p> <p>Mandarin Orange Chicken, Brown Rice & Garlicky Broccoli</p>	<p>20</p> <p>Double Chocolate Chip Muffin</p> <p>Pepperoni or Cheese Pizza with Kale Caesar Salad</p>
<p>23</p> <p>W</p>	<p>24</p> <p>I</p>	<p>25</p> <p>N</p>	<p>26</p> <p>T</p>	<p>27</p> <p>E</p>
<p>30</p> <p>R</p>	<p>31</p> <p>B</p>	<p>W I N T E R B R E A K</p>		



**FRESHLY PREPARED
PLANT-BASED**

**LUNCH CHOICES INCLUDES
ASSORTED FRESH FRUIT,
VEGETABLES, AND 1% OR FAT
FREE MILK**



Mon - Grilled Cheese Sandwich
Tu - Bean & Cheese Burrito
Wed - Cheesy Pull Apart
Th - Three Cheese Calzone
Fri - Chicken Caesar Wrap or Turkey Bacon Club



This institution is an equal opportunity provider